



The road to enlightenment is through practice



### SENSEI SAYS

It has been an eventful few months for Kenagi, not only have Lorna and Luke Harty won silver medals in the London International Karate Championships at the end of May but they have also received gold in the Southern England Karate Championships. Also, Niall Erskine has made it to the final ten in the 'Search for a UK Karate Kid' and we are very proud of them all.

Don't forget to add a Like/Comment on Facebook to help Niall on his way to be selected for the final three. If you make karate part of your daily routine, you too could achieve great things. Not only will you become fitter but your mind will sharpen and your karate skills will improve tenfold. There are plenty of opportunities to come to classes during the summer holidays, an e-mail has recently gone out showing the class times, so no excuses, practice, practice, practice.

The competition is going ahead and the kata teams will be drawn soon, so make sure you get your entry forms to me by Saturday 17<sup>th</sup> July, taking part is essential, if you wish to become a black belt one day.



### SUMMER FAIRS



Kenagi students, led by Jacqui have been busy at the local summer fairs, demonstrating to the crowds their karate skills. This photo is from the Thakeham Village Day, the weather was fine and our display was well received. Well done to all parents and students that helped.



Students and Parents helping at the Rydon School Summer Fair



This is Lorna doing 'hand one' at Thakeham - a confident performance attracting the attention of many!

Putting Kenagi in the public eye, can only make our group more popular and encourage others to try karate or kick boxing.

Contact details – E-mail [sensei@kenagi.co.uk](mailto:sensei@kenagi.co.uk) Head Office 01903743334 or Mobile 07711 987672

## CONGRATULATIONS GALLERY



Kenagi

### Press Release

Immediate Release

## Kenagi celebrates first international success!

On Sunday 30<sup>th</sup> May three members of The Kenagi Academy of Martial Arts travelled to the Excel Centre at the London Docklands to take part in the London International Karate Open. The Open proved extremely successful for the Academy and the trio, Lorna Harty, aged 18, Matthew Schenck, aged 22 and Luke Harty, aged 16, managed to scoop an impressive three medals between them.



Lorna achieved a silver medal in the Female Cadets 15-18 years Kata Event and was only 0.1 of a point off the score of the winner. Luke came away with a silver medal from the Male Cadets 15-18 years Kata Event and a bronze medal from the Mixed All Grade Champions Kata Event. Matthew narrowly missed out in the placings achieving 4th in his event however he put in strong and solid performance.

What makes their success even more impressive is that the competition was well attended with many athletes coming from countries such as Ireland, Czech Republic, Sweden and Germany.

Sensei Brian Redman who started the Academy commented: "Having never attended an international competition of this scale before and being out of the competition circuit for some time, the Kenagi squad's success was both a surprise and a well earned reward for all the hard work they have been putting in. Who knows, next time Kenagi could be bringing home the gold."



## KENAGI NEWS

### Some more good news!

Sam Worthington-Leese will be passing out on Thursday 8th July, as an office/pilot. All the Kenagi students and Sensei wish him a very big well done - Sam you have done us proud!



## CHESSINGTON OUTING



The outing to Chessington on Sunday 13<sup>th</sup> of June was a great success and students and parents enjoyed the day. Graham however, was not particularly impressed with Steve's driving skills on the Dragon's Fury!

## BIRTHDAYS

### JUNE

2<sup>nd</sup> Harry Rose, 13<sup>th</sup> Melanie Davis, 19<sup>th</sup> James Seden Smith, 23<sup>rd</sup> Nathan Johnston, 25<sup>th</sup> Emma Ritchie and 29<sup>th</sup> Carl Carter

### JULY

1<sup>st</sup> Charlie Dale, 6<sup>th</sup> Arthur Pickney, 6<sup>th</sup> Finn Taylor, 7<sup>th</sup> Sam Montague, 8<sup>th</sup> Michael Hartland, 10<sup>th</sup> Scott Slater, 12 Ryan Earnshaw and 18<sup>th</sup> Ben Waring

### AUGUST

4<sup>th</sup> Amber Essex, 5<sup>th</sup> Jessica Cavallo, 11<sup>th</sup> Jacqui Schenck and 14<sup>th</sup> Lorna Harty and 14<sup>th</sup> Matthew Fiveash \*\*16\*\*

### SEPTEMBER

1<sup>st</sup> Luke Harty, 1<sup>st</sup> Mustafa Selcuk, 6<sup>th</sup> Emily Gibbons, 8<sup>th</sup> Kerry Walford, 9<sup>th</sup> Michael Tranter, 10<sup>th</sup> Dave Evans, 11<sup>th</sup> Craig Buckthorp, 11<sup>th</sup> Michael Kulin, 16<sup>th</sup> Callum Whale, 16<sup>th</sup> Tristan Bourdier, 18<sup>th</sup> Thomas Willimas, 23<sup>rd</sup> Samuel Worthington-Leese 24<sup>th</sup> Jamie Gallagher, 24<sup>th</sup> Sophie Ritchie, \*\*18\*\*

## KARATE KID NEWS



Niall Erskine has done Kenagi proud and is currently placed third/forth in the 'Search for a UK karate kid'. Many of us have been asking our friends and family to vote for Niall by adding a 'Like' and comment to facebook at the link recently e-mailed out to everyone. We have until Friday 9<sup>th</sup> July to keep Niall into the top three. Good luck Niall, we have our fingers crossed for you.

## KENAGI WALLETS

Just to let you know, wallets are now available to keep you payment booklets in. They cost £7.50. If you would like one, please contact me at [Natasha@kenagionline.com](mailto:Natasha@kenagionline.com)

## CONGRATULATIONS GALLERY



ALEX



DOUGLAS



BECKY, SHARON, CHARLIE,  
DAVID AND DAVE



ELLIE



HARRY



JAMIE



MELANIE



MICHAEL



MUSTAFA



NATASHA B



NATASHA M



NIALL



NICOLE



SCOTT



OMAR



THAOMAS A



THOMAS F

WELL DONE – to all of you, for passing your grade on 23<sup>rd</sup> May 2010 – quite a few 1st passes this time!

## SOUTHERN ENGLAND KARATE CHAMPIONSHIPS



Our three squad leaders Matthew, Lorna and Luke have again done outstandingly well at the Southern England Karate Championships at the beginning of July and have come away with several trophies, including three gold cups. These competitions are exciting to watch and all three really enjoy taking part. By going to squad training and learning new katas to high standards, you too could go to competitions and by taking part in our one on 26<sup>th</sup> September, this will give you a good idea of what to expect.